# COLLECTIVE CONSTELLATIONS OF CHANGE

Image by David Wojnarowicz titled Something from Sleep III, 1989

VHC COMMUNITY SUMMIT

2020

# CONSTELLATIONS OF CHANGE

PART 1

## In the spaces between us there is magic.

We search the stars shining through the night, all of us particles of a much greater constellation.
And the universe lives within each of us.

Love and light, visions of inspiration in our collective interconnectedness.

But in looking for those stars, through the microscope, our telescope, we are hit with our pasts' scars as our bodies become the heavens, burning out slowly for another to shine brightly.

Each one unique in its power.

A power, like our infinite energy sourced at the core of our souls birthing us into a world that consumes it, us, like a black hole.

To use as the stars, evolve, as the sum of one is change.

I see the change in me, as I look at the change in you.

Because we come into this life to dance, reweave the story of our lineage - our interconnectedness.

Why then does change happen so slowly? Is it because like the stars, it's far away?

It's in the microscopic particles of hope, where the constellation of change transforms the tiny particles of universe into summits of resiliency.

Like scientists working in the dark, searching for a sea of lights, bright, the majesty and wonder of the unknown, full of opportunities, vast possibilities, beyond our world!

Worlds within; worlds without, in which we are the universe and the universe is us

We are the **energy**. We are the **light**. We are **large**.

During this time when things are tough, let us be, you and me – a million little stars sprinkled and sparkled spelling out our future.

# CONSTELLATIONS OF CHANGE

PART 2

### I am tired, my love -

tired from all the noise and hate abundant and rampant like the endless stars in the sky; all aligning but for different reasons.

I am sitting at home, my love feeling **alone** in the dark. This universe, the unknown, the fear. And in it all, I can't help but wonder, does anyone see me?

Because after all, I'm just a person with HIV and a keyboard – looking away from myself to find answers.

But today I tell myself to **stand up!** I've been sitting much too long - my promise unexplored.

Because the pain and suffering of today is temporary.

There's a slow, slow train comin' up around the bend, looking for hope in everyday things, the kind that gazing at stars can bring;

Celestial and optimistic. Love and light. Excitement and liberty.

Every time I see it I know we will survive.

Our bodies are the science that holds the tiniest bits of life. Discovery, at our reach, the purpose in this spiritual path, we are learning, growing, expanding.

And knitted together, not just stars, but a constellation of small specks of different colored lights that compel us to look deeper into the tunnel of endless colors that we paint into a work of art.

And the deeper we dive into ourselves, our tunnel, the more we realize the interconnectedness between us and the cosmos.

To succeed, live, and fight for another day we must sync up; we must sing; we must dance. All along watering our seeds of transition, letting our fruit be visible.

Because truths evolve, swirling in the Constellations of Change.

So bright, yet so dark. So large, yet so small.

We won't rest, we won't give up – because we can be the light in the darkness.

You are me, we are they, and they are us. We all are stars in constant collusion, constant renewal. It can't be contested; we are irrefutably meant to be a small part of a vast universe soaring and connected for billions of light years.